

Thrive Life is now offering certified gluten-free THRIVE foods

Over 100 THRIVE foods are now certified gluten-free! We're proud to announce that the THRIVE foods listed below have gone through a rigorous certification process to ensure they are gluten-free, all at no extra cost to you. Go gluten-free with THRIVE today!

Gluten-Free FAQs

1. What is the difference between naturally gluten-free and certified gluten-free?

A product that is certified gluten-free is packaged under gluten-free conditions, meaning that the room and machinery it is packaged with are exclusively used for gluten-free products and are tested regularly to ensure that they are gluten-free. The product is also tested for gluten after packaging. Some of our products are naturally gluten-free, but we will not certify them as such if we do not do the gluten-free testing ourselves or cannot verify that the supplier's manufacturing procedures are gluten-free.

2. What does gluten-free certification entail?

We are certified gluten by the Gluten Intolerance Group. In order to be certified by them, we sign an annual contract that allows them to inspect our facilities and review our testing records and cleaning procedures.

3. Is there a price difference between certified gluten-free products and other products?

Our certified gluten-free products are no more expensive than the other products we offer. We have taken on the gluten-free certification process as one of our daily quality control processes to ensure the high standard of THRIVE foods. We are excited to provide certified gluten-free products at no additional charge.

4. Are all packaging options certified gluten-free?

Because of the considerable cost and effort involved with certification, our pouches are not certified gluten-free at this time. However, all other packaging options—#10 cans, pantry cans, and buckets—are certified gluten-free.

Certified



Gluten-Free

▲ Look for the seal on the back of the can





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FRUITS

Apple Sauce
Apples, Fuji (FD)
Apples, Granny Smith (FD)
Apricots (FD)
Banana Slices (FD)
Blackberries (FD)
Blueberries (FD)
Cherries, Sweet (FD)
Grapes, Red Seedless (FD)
Mangoes (FD)
Peach Slices (FD)
Pears (FD)
Pineapple Chunks (FD)
Raspberries (FD)
Raspberries, Organic (FD)
Strawberries, Sliced (FD)
Strawberries, Whole (FD)

VEGETABLES

Asparagus (FD)
Broccoli (FD)
Carrot Dices
Cauliflower (FD)
Celery (FD)
Corn, Sweet (FD)
Green Beans (FD)
Mushroom Pieces (FD)
Onions, Chopped
Onions, Chopped (FD)
Onions, Green (FD)
Peas, Split Green
Peas, Green (FD)
Peas, Green Organic (FD)
Peppers, Green Bell (FD)
Peppers, Green Chili (FD)

Peppers, Red Bell (FD)
Peppers, Mixed Bell
Potato Beads
Potato Chunks
Potato Dices (FD)
Spinach (FD)
Squash, Butternut (FD)
Tomato Dices (FD)
Tomato Powder
Zucchini (FD)

GRAIN

Amaranth, Organic
Cornmeal
Millet
Quinoa, Organic
Rice Flour
Rice, Instant Brown
Rice, Instant
Rice, White

DAIRY

Cheese Blend
Cheese, Cheddar (FD)
Cheese, Colby (FD)
Cheese, Monterey Jack (FD)
Cheese, Mozzarella (FD)
Milk, Instant
Milk, Powdered
Sour Cream Powder
Yogurt, Blueberry (FD)
Yogurt, Passionfruit (FD)
Yogurt, Pomegranate (FD)
Yogurt, Cherry (FD)
Yogurt, Strawberry (FD)
Yogurt, Vanilla (FD)

PROTEINS

Beans, Black
Beans, Instant Black
Beans, Kidney
Beans, Lima
Beans, Pinto
Beans, Small Red
Beans, Small White Navy
Beef Dices (FD)
Beef, Roast (FD)
Chicken, Chopped (FD)
Chicken, Seasoned Slices (FD)
Eggs, Scrambled Mix
Egg, Whites
Eggs, Whole
Hamburger
Ham Dices (FD)
Lentils
Sausage Crumbles (FD)
Turkey Dices (FD)
TVP, Bacon
TVP, Beef
TVP, Chicken
TVP, Sausage
TVP, Sloppy Joe
TVP, Taco

BASICS

Baking Powder
Baking Soda
Bouillon, Beef
Bouillon, Chicken
Butter Powder
Honey Crystals
Salt, Iodized
Shortening Powder

Sugar, Brown
Sugar, Powdered
Sugar, White

DRINKS

Fruit Punch Performance
Orange Bliss
Orchard Apple
Simply Peach
Melon Berry Burst
Mango Passion

DESSERTS

Ice Cream, Chocolate Bars (FD)
Ice Cream, Neapolitan Bits (FD)

SAUCES

Béchamel
Espagnole
Tomato
Velouté

SEASONINGS

Basil (FD)
Chives (FD)
Cilantro (FD)
Chef's Choice Seasoning Blend
Italian Seasoning Blend (FD)
Oregano (FD)
Parsley (FD)
Peppercorn Seasoning Blend
Salad Seasoning Blend (FD)

THRIVE[™]

